

ROMTherapy™

HOME IS WHERE YOUR HEART IS™

Say yes to ROMTherapy™
home-based, cardiac rehab.

It's safe, effective and convenient.



YOUR PHYSICIAN IS RECOMMENDING ROMTHERAPY™ HOME-BASED, CARDIAC REHAB. WHY?

01

Safety

ROMTherapy™ tracks your vitals while you exercise at home. Plus, it offers on-screen, face-to-face evaluation and monitoring with a highly trained Cardiac Rehab Specialist, so you can feel safely supported each time you do your rehab. Your specialist can even adjust your system remotely, based on your needs.



02

Effectiveness

ROMTherapy is designed for personalization and optimization. With variable pedaling modes, you can recover at your own best pace.

03

Convenience

You'll be more likely to complete your 36-session, cardiac rehab program if you can do it from the convenience of home. Simply set up an appointment with your Cardiac Rehab Specialist and meet via the touchscreen.

Why Cardiac Rehab?

“Individuals who attend 36 sessions have a 47% lower risk of death and a 31% lower risk of heart attack than those who attend only 1 session.”*

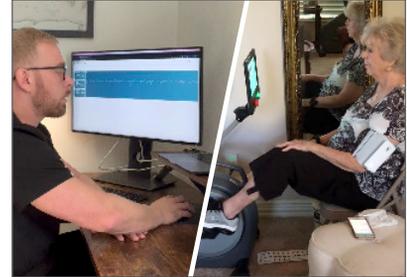
— Million Hearts[®], a national initiative co-led by the Centers for Disease Control and Prevention (CDC) and the Centers for Medicare & Medicaid Services (CMS).

* Cardiac Rehabilitation at a Glance. Million Hearts[®]. (2020). <https://millionhearts.hhs.gov/data-reports/factsheets/cardiac.html>

WHAT MAKES ROMTHERAPY™ SO EFFECTIVE FOR CARDIAC REHAB?

At-Home, Expert Monitoring

Bluetooth technology tracks your vitals while you exercise and delivers the real-time data to your Cardiac Rehab Specialist. Your specialist meets with you on screen to monitor, supervise and evaluate your progress, and remotely adjust your exercise protocols.



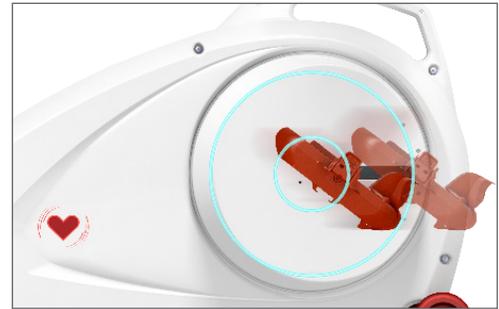
ROMTherapy collects the following data:

- Heart Rate
- Electrocardiogram (ECG)
- Blood Pressure
- Blood Oxygen Level



Adjustable Pedal Technology for Personalized Rehab

Range of motion adjustments from small rotations to large, plus four pedaling modes—passive, active-assisted, active and resistance—allow for easy to more challenging rehab exercise, based on your assessment that day.



Adjustable range of motion for easier to more challenging exercise.



Engaging On-Screen Experiences

Make connections with your Cardiac Rehab Specialist and experience virtual rides to places all over the world, while you do your rehab exercises. Doing cardiac rehab with ROMTherapy is an enjoyable, at-home experience.

Concierge Customer Service

Your ROMTherapy Concierge will be there all along the way to arrange delivery, get you up and running, answer your questions, help you with insurance coverage, and more.



GET BACK TO WHAT MATTERS MOST—FASTER.



Scan this
to watch a video
and learn more

Your quality of life means everything to you. It's why enrolling in ROMTherapy™ home-based, cardiac rehab is an important choice. Get started today and get back to living as fully as possible.

Call 888-374-0683 now and enroll to receive ROMTherapy in your home.
Chances are it's covered by your insurance.

ROMTherapy™

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